

# Our Lord and Savior Jesus Christ

**Lesson Focus** | After many centuries of waiting, Jesus, the promised Messiah, came into the world. Just as the prophets had foretold, he was born of a virgin in Bethlehem under a great shining star. He was raised in a human family and was like us in all things but sin. At the same time, Jesus was divine. He had two natures—one divine and one human—united in one Divine Person. Through the centuries, many heresies have denied his divinity or his humanity, but the Church has defended the truth about Christ.

## 1 | begin

- Pray the Glory Be with your child.
- Find an image of Jesus in your house and look at it with your child. Ask him to describe what he sees. Does Jesus look different from other people?
- Read Mark 4:35–41 aloud.

## 2 | summarize

**Summarize this week's lesson for your child:**

Example: *At first glance, Jesus looked ordinary. But no ordinary person could stop a storm. Only God could do that. That's who Jesus, the promised Messiah, was—fully God and fully man.*

## 3 | review

**Review this week's lesson by asking your child the following questions:**

1. Who is called the Immaculate Conception? Why? (*Mary; she was conceived without sin.*)
2. What term describes Jesus' taking on our human nature and becoming man? (*The Incarnation.*)
3. What heresy taught that Jesus was not human? (*Docetism.*)
4. What heresy taught that Jesus was not God? (*Arianism.*)
5. What do we call the writers of the Gospels? (*Evangelists.*)
6. Was Jesus ever tempted to sin? Did he sin? (*Yes; no.*)
7. By whose power did Jesus work miracles? (*His own.*)

### References

- Student Textbook: Chapter 7, pp. 47–51
- Sacred Scripture: Mt 3; Mk 4:35–41; Lk 1:28–38; 4:33–37; 7:13; Jn 2:1–11; 11:5, 35
- *Catechism of the Catholic Church*: 422–540, 871–96



## 4 | apply

Help your child apply this week's lesson by asking the following questions:

1. If you had been alive during Jesus' time on earth, which of his miracles would have convinced you he was God? Why?
2. What wrong beliefs about Jesus have you encountered? How can you help correct those wrong beliefs when you encounter them?
3. What experiences or emotions do you and Jesus have in common? How does it make you feel about God to know that he has felt and done some of the same things as you?

## 5 | conclude

- With your child, pray the Our Father.

## 6 | follow up

During the week, do at least one of the following activities with your child:

1. Memorize John 1:14a.
2. As a family, say the Prayer to the Sacred Heart of Jesus (see Appendix). If you don't have an image of the Sacred Heart in your house, consider buying one as a reminder of Jesus' great love.
3. Learn about Saint Mary Margaret Alacoque and the devotion to the Sacred Heart.

*And the Word  
became flesh and  
dwelt among us, full  
of grace and truth.  
—John 1:14a*

## notes

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